



Miss Whittaker, a prominent club woman of Savannah, Ga., tells how she was entirely cured of ovarian troubles by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I heartily recommend Lydia E. Pinkham's Vegetable Compound as a Uterine Tonic and Regulator. I suffered for four years with irregularities and Uterine troubles. No one but those who have experienced this dreadful agony can form any idea of the physical and mental misery those endure who are thus afflicted. Your Vegetable Compound cured me within three months. I was fully restored to health and strength, and now my periods are regular and painless. What a blessing it is to be able to obtain such a remedy when so many doctors fail to help you. Lydia E. Pinkham's Vegetable Compound is better than any doctor or medicine I ever had. Very truly yours, Miss EASY WHITTAKER, 604 39th St., W. Savannah, Ga."

No physician in the world has had such a training or such an amount of information at hand to assist in the treatment of all kinds of female ills as Mrs. Pinkham. In her office at Lynn, Mass., she is able to do more for the ailing women of America than the family physician. Any woman, therefore, is responsible for her own trouble who will not take the pains to write to Mrs. Pinkham for advice. Her address is Lynn, Mass., and her advice is free.

A letter from another woman showing what was accomplished in her case by the use of Lydia E. Pinkham's Vegetable Compound.



"DEAR MRS. PINKHAM: I am so grateful to you for the help Lydia E. Pinkham's Vegetable Compound has given me that I deem it but a small return to write you an expression of my experience.

Many years suffering with weakness, inflammation, and a broken down system, made me more anxious to die than live, but Lydia E. Pinkham's Vegetable Compound soon restored my lost strength. Taking the medicine only two weeks produced a radical change, and two months restored me to perfect health. I am now a changed woman, and my friends wonder at the change, it is so marvelous. Sincerely yours, Miss MATTIE HENRY, 429 Green St., Danville, Va."

The testimonials which we are constantly publishing from grateful women prove beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Med. Co., Lynn, Mass.

Advertisement for 'MUSTANG LINIMENT' featuring the text 'HARD WORK MAKES STIFF JOINTS RUB WITH MEXICAN MUSTANG LINIMENT GOOD FOR ANY ACUTE INJURY TO MAN OR BEAST THAT IS CURABLE BY A LINIMENT RUB IT IN HARD'.

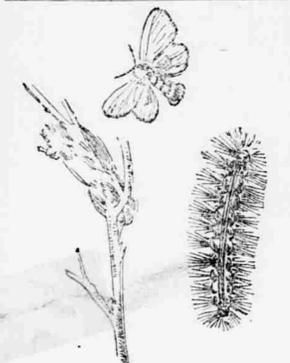
Advertisement for 'MIXED FARMING' and 'FREE HOMESTEAD LANDS OF WESTERN CANADA'.

Advertisement for 'ELECTRIC BELTS' with the text 'WILL CURE YOU! SEND FOR ONE AT ONCE! ELECTRIC BELTS'.

Advertisement for 'SI A YEAR' magazine with the text 'SI A YEAR PAYS FOR THE DAILY REVIEW'.



Ravages of the Brown-Tail Moth. The ravages of the brown-tail moth have become so great in different parts of the country that some concerted effort should be made to exterminate the pest. The eggs of the female are laid on the leaves of the tree, and are hatched in midsummer, and the pest of the moth in the caterpillar state begins its ravages on the tender foliage. On the approach of winter the caterpillars construct heavy webs, in which



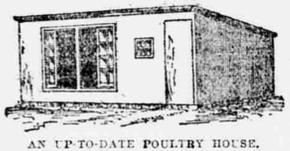
MOTH, CATERPILLAR AND WEB.

they live until spring, when they come out to feast on the buds, blossoms and leaves. It is at this season of the year, and later, while the trees are devoid of foliage that the main work to exterminate them must be done.

While the moth is in winter quarters he and she can be readily reached. Obtain a pruning shears mounted on a long handle and operated by a wire in the hands, go through the trees of the orchard and anywhere on the grounds and cut off the twigs on which the mass of web hangs. Lay them in piles carefully, then gather them, and, after taking them out of the orchard, burn them. Only in this way can one be certain of their destruction. The plan of fastening a bunch of cotton waste to a pole, setting fire to it and holding the lighted torch to the web until it is consumed is also a good one. Better get at this work during the winter and do it thoroughly.

The illustration will give the reader some idea of this pest. The female moth is shown, as well as the caterpillar, and also a twig of a tree showing the web attached. As this latter has been accurately drawn it will not be difficult to identify the web of the brown-tail moth.—Indianapolis News.

Practical Poultry House Idea. The cut shows the result of mature experience in housing fowls. This house has a small roosting and laying room and one very small window. This insures a warm roosting place in winter (a slat outside door can be used in summer) and a dark place for laying, which gives an ideal condition. Instead of an open shed scratching room (which will fill with snow in a Northern climate), a large room with two large sliding windows is provided. Wire netting can be placed over these to keep the fowls in and the windows can be opened to any width, permitted by the prevailing weather conditions. This gives the benefits of the open scratching shed plan without its decided disadvantages. The nests should have closed (hinged) fronts and should



AN UP-TO-DATE POULTRY HOUSE.

be entered from the rear, which will keep them very dark. For a farm poultry-house, this design leaves nothing to be desired.

Cowpeas for the Soil. The plan of sowing cowpeas to occupy the soil after harvesting fall wheat or oats is as good now as ever, says Rural New Yorker. With a favorable season the cowpeas make a large growth and can be plowed under in time for another crop of grain or grass seeding. The soil is left in much better shape than it would be if left in stubble and weeds. The trouble about the plan this year is the difficulty in obtaining cowpea seed. There seems to be little if any left in the country. We are thinking of using white beans in place of the peas.

Clearing Up Brush Land. The use of Angora goats in clearing up the cut over lands in northern Michigan has been tried now for several years and apparently with satisfactory results to those who have invested in them. The lands have been lumbered, the pine cut out and then left to grow up into brush. Upon these lands the Angora has proved a very efficient aid in clearing them of brush and putting them in shape for cultivation or to grow into grass. Neither sheep nor cattle would do this work as well as the Angora.

Covering the Silo. Various ways have been tried of covering the silage after the silo was filled to prevent the spoiling of the silage on top, but it has been found that nothing is better or less expensive than to put on water enough to

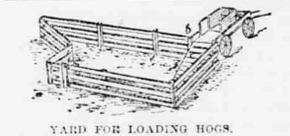
thoroughly wet the top of the silage and have enough so that it runs down between the silage and the sides of the silo. Many avoid all loss from damage on top by beginning to feed immediately after filling, thus giving it no time to damage. The feeding should always be done from the top, taking about two inches from the entire top each day. If the feeding is done too slowly, and part of the surface is left exposed to the air for two or three or more days, then the stock will have partially damaged silage all the time.—C. P. Goodrich before Wisconsin Farmers' Institute.

Food for the Stock. Those who have tested the use of cooked and uncooked foods for stock, more particularly for swine, agree that the uncooked foods are by far the most digestible. This opinion would delight the vegetarians who urge uncooked fruits and vegetables as being more wholesome. Yet there are two sides to the story as usual. There seems to be no denying the value of the uncooked food, with animals at any rate, but we all know that a quantity of raw fruits and vegetables eaten by humans during the summer is apt to create a disturbance of the digestive organs. Not always does it cause a looseness of the bowels, but acidity of the stomach, which is very painful. Is it not fair to assume that if uncooked food has this effect on the human stomach that it must have some bad effect on the stomach of the farm animal.

This may be a little far-fetched, but experience has taught the writer that, without exception, one warm meal a day during the winter is beneficial to the animals. Even our horses have a warm bran mash, and it has been well-cooked, too. The poultry have the warm cooked mash and the hot corn at night every other day, and thrive on it. This being our experience, our argument is that animals should have cooked food occasionally, but that most of their meals should consist of food not cooked.

Helps Handling Hogs. For a catching yard or pen, instead of having regular rectangular shape, have at one corner a sharp triangular extension, as shown in the cut. Into this extension the hogs will rush, when they may be easily caught.

For loading hogs, back the wagon, with cage on, up to the pen fence, dig under the hind wheels a few inches to bring the rear end and upper side of the wagon bed even with some plank or rail of the pen fence. Cut out this plank or rail, leaving a space large enough for your largest hog to pass through. Place an inclined floor of



YARD FOR LOADING HOGS.

plank from the ground of the pen to the lower side of the wagon opening, as shown by the cut, up which to drive the hogs. Then scatter a little corn on the floor of the incline and also on the floor of the wagon, start the hogs and they will go up and in. No fuss, no torn or soiled clothes and a lot of quiet hogs.—H. T. Vese, in Farm and Home.

Agriculture in Japan. A report prepared by the American Consul-General at Yokohama gives some particulars as to agriculture in Japan. He states that only 14,995,272 acres, or 15.7 per cent, of the total area of the country, exclusive of Formosa, are in arable cultivation. About 55 per cent of the agricultural families cultivate less than two acres each; 30 per cent, two acres to less than three and three-fourth acres, and 15 per cent, three and three-fourths acres to more. It is not clear whether the small holders have grass land in addition to their arable land. As to how families can be supported on such minute farms, it is pointed out that the Japanese standard of living is comparatively low; that the small farmer usually earns wages apart from his land, or engages in some such industry as silk-producing or spinning; that he cultivates and manures his land very thoroughly; and that he often raises two or more crops in a season on the same land. In the warmer parts of Japan, it is stated, barley, indigo, beans and rape are grown in succession on one piece of land in twelve months.

How Much Pork to Acree? It may be unusual to estimate the amount of pork that can be produced from an acre of certain crops, but it is claimed that an acre of land in clover will produce 800 pounds of pork; peas, 375 pounds; corn, 650 pounds; oats, 320 pounds; barley, 420 pounds, and wheat 225 pounds.

The value of each crop on one acre, when converted into pork, is as follows: Clover, \$32; corn, \$22.40; peas, \$15; barley, \$16.80; oats, \$13.20, and wheat 9, estimating the pork at 4 cents per pound.

Of course something depends on the prices ruling for the crops. The amount of produce per acre required to give the pork mentioned on an acre is 900 pounds of wheat, 1,680 pounds of barley, 1,320 pounds of oats, 2,240 pounds of corn, 1,500 pounds of peas, and 12,000 pounds of green clover.

SISTERS OF CHARITY

Uses Pe-ru-na for Coughs, Colds, Grip and Catarrh---A Congressman's Letter.



In every country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

The following letter is from Congressman Meekison, of Napoleon, Ohio: The Peruna Medicine Co., Columbus, O.

Gentlemen: "I have used several bottles of Peruna and feel greatly benefited thereby from my catarrh of the head, and feel encouraged to believe that its continued use will fully eradicate a disease of thirty years' standing."—David Meekison.

Dr. Hartman, one of the best known physicians and surgeons in the United States, was the first man to formulate Peruna. It was through his genius and perseverance that it was introduced to the medical profession of this country.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Dr. S. B. Hartman, Columbus, Ohio: Dear Sir: "The young girl who used the Peruna was suffering from laryngitis and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured."—Sisters of Charity.

The young girl was under the care of the Sisters of Charity and used Peruna for catarrh of the throat with good results as the above letter testifies.

Send to The Peruna Medicine Co., Columbus, Ohio, for a free book written by Dr. Hartman.

The Main One. "Bixby sent the minister ten reasons for not going to church, but he left out the main one."

His Idea. Merchant—That typewriter you sold me last week ain't any good. Salesman—What's the matter with it? Merchant—It doesn't spell correctly.

FREE THE GREAT KIDNEY AND LIVER CURE REMEDY DR. KENNEDY'S FAVORITE S. C. N. U. - No. 1-1905

BECCO'S CHERRY COUGH SYRUP cures coughs and colds.

PISO'S CURE FOR CONSUMPTION CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

Advertisement for 'CASTORIA' medicine, featuring the text '900 DROPS CASTORIA Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN'.

Advertisement for 'CASTORIA' medicine, featuring the text 'CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of Dr. J. C. Fitcher. In Use For Over Thirty Years CASTORIA'.

Advertisement for 'Cascarets' medicine, featuring the text 'Sale Ten Million Boxes a Year. THE FAMILY'S FAVORITE MEDICINE Cascarets CANDY CATHARTIC THEY WORK WHILE YOU SLEEP BEST FOR THE BOWELS'.